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EasyLife

INSTRUCTIONS FOR USE

PHILIPS
RESPIRONICS

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Package Contents

- EasyLife
 - faceplate
 - inner cushion
 - outer cushion
- Headgear
- Instructions for use
- Quick fit tips



Note

Not all packages contain listed items. Please contact your Home Care Provider or Respironics for additional items or replacement parts.

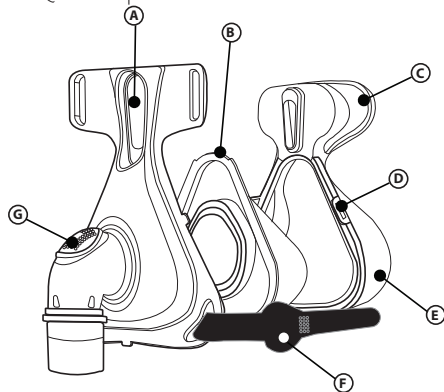


Figure 1

A = Forehead Pad Slot
B = Inner Sealing Cushion
with Blue Flap
C = Forehead Pad
D = Attachment Tabs
E = Outer Support Cushion
F = Headgear Stop
G = Exhalation (Do not
block or remove)

 Caution

U. S. federal law restricts this device to sale by or on the order of a physician.

Intended Use

The EasyLife Nasal Mask is an accessory to a non-continuous ventilator (respirator). The mask is for single patient use in the home or multi-patient use in the hospital/institutional environment. The mask is to be used on patients (>66lbs/30kg) for whom CPAP or bi-level therapy has been prescribed.

 **Important Note:** An exhalation port is built into the EasyLife Nasal Mask so a separate exhalation port is not required.

Warnings:

- This mask is not suitable for providing life support ventilation.
- This mask is designed for use with CPAP or bi-level systems recommended by your health care professional or respiratory therapist. Do not wear this mask unless the CPAP or bi-level system is turned on and operating properly. **Do not block or try to seal the exhalation port.**
Explanation of the Warning: CPAP systems are intended to be used with special masks with connectors which have vent holes to allow continuous flow of air out of the mask. When the CPAP machine is turned on and functioning properly, new air from the CPAP machine flushes the exhaled air out through the attached mask exhalation port. However, when the CPAP machine is not operating, enough fresh air will not be provided through the mask, and exhaled air may be rebreathed. This warning applies to most models of CPAP systems. Rebreathing of exhaled air for longer than several minutes can, in some circumstances, lead to suffocation.

Warning

A warning indicates the possibility of injury to the user or operator.

Caution

A caution indicates the possibility of damage to the device.

Note

A note places an emphasis on an operating characteristic.

- If oxygen is used with the device, the oxygen flow must be turned off when the device is not operating. **Explanation of the Warning:** When the device is not in operation, and the oxygen flow is left on, oxygen delivered into the ventilator tubing may accumulate within the device enclosure. Oxygen accumulated in the device enclosure will create a risk of fire.
- Oxygen supports combustion. Oxygen should not be used while smoking or in the presence of an open flame.
- At a fixed flow rate of supplemental oxygen flow, the inhaled oxygen concentration will vary, depending on the pressure settings, patient breathing pattern, mask selection, and the leak rate. This warning applies to most types of CPAP and bi-level machines.
- Some users may experience skin redness, irritation, or discomfort. If this happens, discontinue use and contact your healthcare professional.
- At low CPAP or EPAP pressures, the flow through the exhalation port may be inadequate to clear all exhaled gas from the tubing. Some rebreathing may occur.
- Hand wash prior to first use. Inspect the mask for damage or wear (cracking, crazing, tears, etc). Discard and replace any components as necessary.
- If an additional exhalation device is added to the patient circuit, you may need to adjust the pressure level to compensate for the additional leak of the exhalation device.
- Use of a nasal or full face mask may cause tooth, gum, or jaw soreness or aggravate an existing dental condition. Consult your physician or dentist if symptoms occur.

Symbols

Symbol	Description
	Consult instructions for use
	General caution or warning
	System One
	Tip
	Note
	Does not contain natural rubber latex
	Does not contain DEHP (bis (2-ethylhexyl) phthalate)

Before Use

- Read and understand the instructions completely.
- Hand wash the mask.
- Inspect the mask components for damage or wear; replace if necessary.

Cleaning Instructions

Hand wash the mask before first use and daily. The headgear should be hand washed weekly, or as needed. The headgear does not need to be removed for daily cleaning of the mask.

1. Hand wash the mask and headgear in warm water with a mild liquid dish washing detergent.



Caution: Do not use bleach, alcohol, cleaning solutions containing bleach or alcohol, or cleaning solutions containing conditioners or moisturizers.

2. Rinse thoroughly with drinking quality water and air dry out of direct sunlight. Make sure the mask is dry before use.
3. Lay the headgear flat or line dry. Do not place the headgear into the dryer.
4. Inspect all parts for damage or wear; replace any parts that have visibly

deteriorated (cracking, crazing, tears, etc). Replace the mask if the cushion becomes hardened.

For **multi-patient use** in the hospital/institutional environment, use the Mask Cleaning and Disinfection Instructions to reprocess the mask between patients. These instructions can be obtained by visiting www.sleepapnea.com or contacting Customer Service at 1-800-345-6443 (USA or Canada) or 1-724-387-4000.

System One Resistance Control

This mask uses the System One Resistance Control setting  $\leftarrow \times 1$. This symbol may appear on your therapy device. This symbol represents the level of mask resistance compensation. Match the setting to the mask if appropriate.

Important Notes:

- Verify the System One setting if the mask or mask cushion changes.
- The System One setting is not compatible with masks requiring a separate/ additional exhalation device.

If your provider has locked the resistance compensation setting, you can view the setting but cannot change it, and the screen will display a lock symbol. If your provider has disabled the resistance compensation, you will not see this setting.

EasyLife Mask Cushions

The EasyLife Mask is designed with two mask cushions that work together:

- The inner cushion provides a comfortable and automatically adjusting seal.
- The outer cushion provides stability and support to the mask. The outer cushion is not designed to provide seal.

Achieving the Right Fit

1. Hold the mask with the inner cushion over your nose and pull the headgear on over your head. The headgear is preset to a large setting to go on easily right out of the package.
2. Evenly adjust the upper straps (Figure 3) to a comfortable position by using the tabs on both sides of the headgear. Do not pull the straps tight. The cushion should lightly touch the face and the upper strap will rest above the ears.

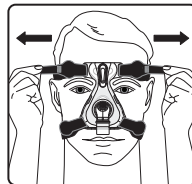
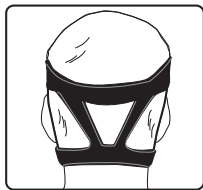


Figure 3

3. Evenly adjust the lower straps (Figure 4) to a comfortable position by using the tabs on both sides of the headgear. Do not pull the straps tight. The lower strap will sit below the ears and the headgear will cross at the base of the head (Figure 5).
4. Connect the tubing (included with the CPAP or bi-level device) to the tubing swivel.
5. Turn on the airflow.
6. Lie down and breathe normally through the nose, keeping lips closed.
7. Adjust the headgear evenly to reduce leaks or pressure points at the bridge of the nose or above the lip.
8. Reseat the mask, if necessary.



► Figure 4



► Figure 5

Comfort Tips

- The headgear should fit loose and comfortable. If your skin bulges around the mask, loosen the headgear. Over tightening the headgear can hinder the mask's performance and seal.
- Reseat the mask by pulling the sides of the faceplate directly away from the face then gently set it back into place. This allows the cushion to create a new seal on the face. DO NOT pull the mask by the elbow.

Disposal

Dispose of in accordance with local regulations.

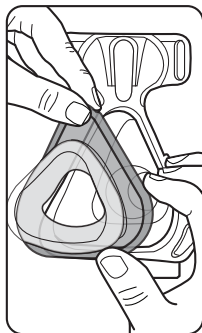
Removing the Mask

Quickly and easily remove the mask by grabbing the back headgear strap and sliding the entire assembly forward over your head. If needed, undo the lower headgear straps. The headgear stop prevents the headgear from slipping out of the frame. You do not need to pull the headgear straps beyond the stops for daily cleaning or adjustments.

Removing and Attaching the Cushion

To Remove

1. Pull outward on the three attachment tabs on each side of the outer support cushion until this cushion separates from the mask frame.
2. Remove the outer support cushion.
3. Remove the inner sealing cushion with the blue flap.



 **Figure 6**

Note

The blue flap must cover the lip on the mask.

To Attach

1. Place the smaller inner sealing cushion on the mask frame (Figure 6).
2. Slide the larger outer support cushion with tabs facing downward around the inner sealing cushion until all three sides click into the mask frame (Figure 7).
3. Gently tug on the cushions to make sure they are securely in place.
4. Gently press the forehead pad into the forehead pad slot in the mask frame.

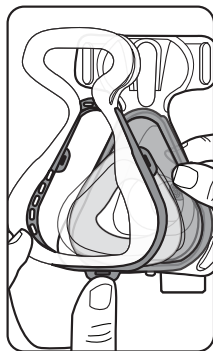


Figure 7

Attaching the Headgear

1. Thread the upper headgear straps into the slots in the top of the mask frame. Fold the tabs back to catch the headgear straps.
2. Thread the lower headgear straps into the slots in the bottom of the mask frame. Fold the tabs back to catch the headgear straps.

 Note

The upper headgear straps are longer and the lower headgear straps are shorter (Figure 8).

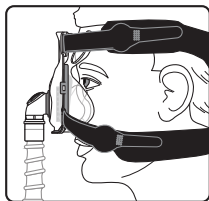
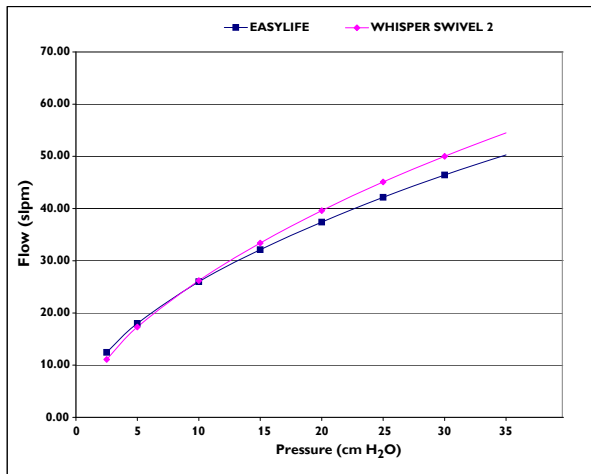


 Figure 8

Specifications

⚠ Warning: The technical specifications of the mask are provided for your healthcare professional to determine if it is compatible with your CPAP or bi-level therapy device. If used outside these specifications, or if used with incompatible devices, the mask may be uncomfortable, the seal of the mask may not be effective, optimum therapy may not be achieved, and leak, or variation in the rate of leak, may affect device function.

Intentional Leak



Deadspace Volume

S	58 ml
M	65 ml
MW	81 ml
L	83 ml

Pressure Drop cm H₂O (hPa)

	50 SLPM	100 SLPM
All sizes	0.2	0.7

Storage Conditions

-4° to 140° F (-20° to +60° C)
15% to 95% relative humidity, non-condensing

LIMITED WARRANTY

Respironics, Inc. warrants that its mask systems (including mask frame and cushion) (the "Product") shall be free from defects of workmanship and materials for a period of ninety (90) days from the date of purchase (the "Warranty Period").

If the Product fails under normal conditions of use during the Warranty Period and the Product is returned to Respironics within the Warranty Period, Respironics will replace the Product. This warranty is non-transferable and only applies to the original owner of the Product. The foregoing replacement remedy will be the sole remedy for breach of the foregoing warranty. This warranty does not cover damage caused by accident, misuse, abuse, negligence, alteration, failure to use or maintain the Product under conditions of normal use and in accordance with the terms of the product literature, and other defects not related to materials or workmanship. This warranty does not apply to any Product that may have been repaired or altered by anyone other than Respironics.

Respironics disclaims all liability for economic loss, loss of profits, overhead, or indirect, consequential, special or incidental damages which may be claimed to arise from any sale or use of the Product. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

THIS WARRANTY IS GIVEN IN LIEU OF ALL OTHER EXPRESS WARRANTIES. IN ADDITION, ANY IMPLIED WARRANTY, INCLUDING ANY WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, IS SPECIFICALLY DISCLAIMED. SOME STATES DO NOT ALLOW DISCLAIMERS OF IMPLIED WARRANTIES, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS, AND YOU MAY ALSO HAVE OTHER RIGHTS, WHICH VARY FROM STATE TO STATE.

To exercise your rights under this limited warranty, contact your local authorized Respironics, Inc. dealer or Respironics, Inc. at 1001 Murry Ridge Lane, Murrysville, Pennsylvania 15668, 1-800-345-6443 (USA and Canada only) or 1-724-387-4000.

Reorder Numbers

1050001	EASYLIFE MASK W/HEADGEAR, SMALL
1050002	EASYLIFE MASK W/HEADGEAR, MEDIUM
1050003	EASYLIFE MASK W/HEADGEAR, MEDIUM WIDE (MW)
1050004	EASYLIFE MASK W/HEADGEAR, LARGE
1050006	EASYLIFE MASK DUOPACK W/HEADGEAR, SMALL
1050007	EASYLIFE MASK DUOPACK W/HEADGEAR, MEDIUM
1050008	EASYLIFE MASK DUOPACK W/HEADGEAR, MW
1050009	EASYLIFE MASK DUOPACK W/HEADGEAR, LARGE
1050011	EASYLIFE MASK W/O HEADGEAR, SMALL
1050012	EASYLIFE MASK W/O HEADGEAR, MEDIUM
1050013	EASYLIFE MASK W/O HEADGEAR, MW
1050014	EASYLIFE MASK W/O HEADGEAR, LARGE
1050095	EASYLIFE HEADGEAR
1050091	EASYLIFE INNER/OUTER CUSHION, SMALL
1050092	EASYLIFE INNER/OUTER CUSHION, MEDIUM
1050093	EASYLIFE INNER/OUTER CUSHION, MW
1050094	EASYLIFE INNER/OUTER CUSHION, LARGE

Visit us on-line at www.respironics.com for a complete list of products and reorder numbers, or contact customer service at 1-800-345-6443 (USA or Canada only) or 1-724-387-4000.

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